

## Fall 2019 Boys & Girls Lacrosse Clinic

WHO:	BOYS - 5 <sup>th</sup> through 8 <sup>th</sup> Grade: Head Coach Victor Rivera	
	GIRLS - 6 <sup>th</sup> through 8 <sup>th</sup> Grade: Head Coach Steve Shinners	
WHEN:	<b>BOYS</b> : Sundays Oct 13, 20, 27 - 10am to noon	
	<b>GIRLS</b> : Sundays Oct 20, 27; Nov 3, 10, 17 - 10am to noon	
	Session schedule and status will be published on the cjlax.com website	
LOCATION:	Woodcrest Park on Spruce Street in Freehold (grass fields, please bring cleats)	
	(one block west of Stillwells Corner Rd: Turn onto Woodcrest Drive from Stillwells	
	Corner Rd, then right on Spruce St.)	
FEE:	ALL PARTICIPANTS <u>MUST</u> BE MEMBERS OF US LACROSSE	
	(Sign up info and link can be found at cjlax.com. Membership costs is \$30.)	
FOR MORE INFORMATION,	BOYS: Victor Rivera - 732 771-4917 or laxvic@gmail.com	
CONTACT:	GIRLS: Steve Shinners 732-462-1047 or cjlax2001@gmail.comt	

## Information will also be available at www.cjlax.com

**Equipment Required** (Players are required to supply their own equipment)

**BOYS:** NOCSAE certified LACROSSE helmet, mouth guard, athletic support with cup, lacrosse stick, lacrosse shoulder pads, lacrosse arm guards, and lacrosse gloves

GIRLS: ASTM certified goggles, mouth guard and lacrosse stick.

Central Jersey Lacrosse, Inc. Program Registration Form

LAST NAME	PROGRAM CJLAX Fall Lacrosse Clinic	
FIRST NAME	Years Experience (circle one): None 1-2 yrs 2-4 yrs >4 yrs	
ADDRESS	Email Address:	
	US Lacrosse #: Exp Date:	
HOME PHONE	Current Grade DOB//	
CELL PHONE CELL PHONE OWNER (Circle one): Mother Father	FEE : Circle One: CHECK/CASH	
Second Emergency Contact #:	Relationship to Player:	
I UNDERSTAND THAT MY CHILD IS PARTICIPATING AT HIS/HER OWN RISK. I AGREE TO HOLD HARMLESS CENTRAL JERSEY LACROSSE, INC and PARTICIPATING COACHES FOR ANY INJURY MY CHILD MAY INCUR BY PARTICIPATION IN THIS PROGRAM. I AGREE CJLAX CAN USE IMAGES OF MY CHILD ON THEIR WEBSITE, FACEBOOK PAGE or OTHER SOCIAL MEDIA AS LONG AS MY CHILD'S NAME IS NOT DIRECTLY TIED TO HIS/HER PICTURE.		
SIGNATURE (PARENT OR GUARDIAN IF UNDER 18)	DATE	